The Men's Rights Chronicle

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THE PRESIDENT'S MESSAGE

A VOICE FOR THE UNHEARD. A STAND FOR EQUAL JUSTICE.

By MRA Nandini Bhattacharjee President | All Bengal Men's Forum

For far too long, society has defined a Man's identity through his responsibilities, strength and ability to endure. But behind that expectation often lies a silent reality — Men can suffer, Men can be abused, Men can be victims, and Men too deserve Justice.

In today's India, while significant legal safeguards exist to protect Women, the absence of a comprehensive, Gender-Neutral framework addressing domestic violence, emotional abuse and other forms of victimisation against Men remains a serious concern. The changing legal landscape must recognise that justice cannot be determined by gender, nor should suffering be measured by stereotypes.

Men face challenges within families, marriages, workplaces and society — from emotional and psychological abuse to parental alienation, unfair social stigma, mental health struggles and the consequences of unsubstantiated allegations. Yet, many remain silent, fearing humiliation, disbelief or a lack of institutional support.

Our fight is not against women. It is against Injustice. Our demand is not Privilege, but Equality.

We believe that every individual, irrespective of gender, deserves dignity, protection, a fair hearing and equal access to justice. Protecting women's rights and recognising men's rights are not opposing causes; they are essential parts of a truly equitable society.

Through The Men's Rights Chronicle, we seek to break the silence, challenge stereotypes, encourage informed dialogue and advocate meaningful legal and social reforms.

Because a Man's silence should never be mistaken for the absence of suffering. And his dignity should never be negotiable.

JUSTICE HAS NO GENDER. HUMAN DIGNITY HAS NO BOUNDARIES.

Words of welcome

> *Indeed the Forum has done excellent work in being the voice for men who are powerless including those who are abused, falsely accused and are suicidal.*

Dr. Jerome Teelucksingh

Founder, World Day of the Boy Child and International Men's Day

I want to congratulate my dear friend MRA Nandini Bhattacharjee and the hardworking members of the All Bengal Men's Forum for deciding to begin this newsletter, The Men's Rights Chronicle.

Every year I am grateful for the amazing continuous support of the All Bengal Men's Forum for International Men's Day (19 November) and World Day of the Boy Child (16 May).

In homes, hospitals, classrooms, prisons and workplaces the message of International Men's Day is being felt. One of the reasons that the IMD message is being felt is because of vibrant groups in India such as the All Bengal Men's Forum. Indeed the Forum has done excellent work in being the voice for men who are powerless including those who are abused, falsely accused and are suicidal.

I hope the Chronicle will encourage honest conversations about fatherhood and also men's physical and mental health. I believe this newsletter will encourage men to grow, express their feelings, ask for help, and build healthy relationships. When this occurs then families and communities in India and across the world will become stronger and stable. Supporting men's well-being and celebrating their contributions are not competing goals. These are vital components for creating a caring and equitable world.

The All Bengal Men's Forum has recognized the achievements and contributions of men including fathers, sons, brothers, nephews. This group in India has done a great job of listening, nurturing, learning, building, serving, creating, and demanding justice for men from all walks of life.

> *Congratulations on the launch of your newsletter. Wishing you every success as it amplifies important conversations, raises awareness and advances the protection and wellbeing of men and boys.*

Halima Layeni

Founder, Life After Abuse Foundation, Africa

ALL BENGAL MENS FORUM

The Men's Rights Chronicle

Justice, dignity, family rights, and community support.

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LEAD STORY • CAMPAIGN

ABMF marches for a Men's Commission

Members walk from Ruby More to Gariahat Crossing on 22 November, pressing a long-standing demand: a statutory commission for men's welfare.

By Editorial Desk | The Men's Rights Chronicle • Kolkata, November 2026



All Bengal Mens Forum (ABMF) holds its Walk for Men's Commission on 22 November 2026, marching from Ruby More to Gariahat Crossing in Kolkata, after International Men's Day. The rally presses ABMF's long-standing demand for a statutory commission for men's and boys' welfare.

International Men's Day falls on 19 November every year; 2026's global theme is "The Future Is Everyone." ABMF says such issues rarely reach public debate. News reports this month described a man's death at his in-laws' home in Kanpur Dehat, Uttar Pradesh, after a domestic dispute; police have registered a case and the investigation continues, with no one convicted. ABMF cites such reports as the kind of situation a commission could help address — this newsletter does not treat the case as settled fact.

Members assemble at Ruby More at 2:00 pm and march to Gariahat Crossing. ABMF's helpline, +91 62892 07039, can answer other questions before the day. A day earlier, on 21 November, ABMF president Nandini Bhattacharjee joins an international panel on the same theme (see Community, page 4).

FROM THE FOUNDER



Nandini Bhattacharjee
President, All Bengal Men's Forum

This month we take our demand to the street. On 22 November, members walk from Ruby More to Gariahat Crossing for the Walk for Men's Commission, days after International Men's Day. I also join a global panel on men's wellbeing the evening before the march. Inside: the law behind our demand, the route, and how to join us.

AT A GLANCE

1. International Men's Day is 19 November; 2026's global theme is 'The Future Is Everyone.'
2. LAAF International Men's Day Dialogueon 21 November at 10:30 pm (IST) on Zoom
3. Walk for Men's Commission: 22 Nov, assemble 2:00 pm (IST), Ruby More to Gariahat Crossing.

NEED HELP NOW?
Legal aid & counselling helpline
+91 62892 07039
Call or WhatsApp • allbengalmensforum@gmail.com

02 • LEGAL AWARENESS

What the law says on domestic violence

Domestic-violence law and the law on murder or hurt are often confused. Here is what each covers. This is awareness, not legal advice.

01

Domestic Violence Act

The Protection of Women from Domestic Violence Act, 2005 protects women as aggrieved persons in domestic relationships, not men.

02

Murder under the BNS

Section 103 of the Bharatiya Nyaya Sanhita, 2023 punishes murder regardless of the victim's or accused's gender.

03

No commission for men

National Commission for Women Act, 1990, s. 3 set up a body for women; none exists for men.

Reviewed by Adv Sibashis Banerjee, Panel Advocate, ABMF | In an emergency, call 100 (police) or the ABMF helpline above.

03 • COMMUNITY

ABMF joins global Men's Day dialogue



ABMF Bijoya Sammilani '26

ABMF president Nandini Bhattacharjee joins the LAAF International Men's Day Dialogue on 21 November at 6:00 pm (West Africa Time) on Zoom. Register: bit.ly/imddialogue.

RESOURCES

- ABMF helpline: +91 62892 07039 (confidential support)
- Register for the IMD Dialogue: bit.ly/imddialogue
- International Men's Day info: internationalmensday.com

04 • UPCOMING EVENTS

Dates for your diary

19 NOV — **Tomake Bujhina video release**
5:00 pm • Raydiant Book Cafe & Bistro, Gariahat

20 NOV — **Purush Rupeno Sangsthita**
ICCR, Kolkata • 5:00 pm. First cultural event on men.

21 NOV — **IMD Dialogue webinar**
Zoom • 6:00 pm (WAT). Register: bit.ly/imddialogue.

22 NOV — **Walk for Men's Commission**
Ruby More to Gariahat Crossing, Kolkata • 2:00 pm.

OUR EDITORIAL STANDARDS

- We verify names, numbers, dates, and venues, and obtain consent before publishing any photograph.
- Case details stay confidential unless the person involved gives written permission.
- Spotted an error? Write to allbengalmensforum@gmail.com.

05 • MUSIC VIDEO RELEASE

Tomake Bujhina

ABMF BLUES | COZMIC HARMONY



Poster: ABMF Blues | Cozmic Harmony

ABMF Blues and Cozmic Harmony release "Tomake Bujhina", a song for men and Cozmic Harmony's second music video, on 19 November at 5:00 pm at Raydiant Book Cafe & Bistro, Gariahat.

Want to write to the Chronicle?
allbengalmensforum@gmail.com

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Scan the code on page 3.

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